TeleHealth Insurance and Billing Cheat Sheet

Insurance	Start Date	Copay waived?	Telephone-only permitted?
•	3/6/20 11, Modifier 9:		Yes (Effective 4/30)
https://www.c sheet	ms.gov/newsro	om/fact-sheets/medica	re-telemedicine-health-care-provider-fact-
Aetna	3/6/20 Until 6/4/20	Yes	Yes
Billing: POS: 02; Modifier GT or 95 https://www.aetna.com/content/dam/aetna/pdfs/health-care-professionals/bh-televideo-service-			
codes-covid-19.pdf			
Anthem	3/17/20 For 90 days	Yes	Yes
Billing: POS: 02; Modifier 95			
https://medipr hBH.pdf	oviders.anthem	com/Documents/NVN	V_CAID_PU_COVID19GuidanceTelehealt
Magellan	02. Madifian	No?	Yes
Billing: POS: 02; Modifier: either GT or 95 can be used https://magellanprovider.com/education/telehealth.aspx			
MHN	3/1/20		Yes
Billing POS: 02; Modifier: 95 for both telephone only and video/audio			
Provider needs to obtain addendum form (call 866-966-0298) More info in Word Doc in MHN email dated 3/28			
Optum	Immediately	No?	Yes
•		T for both telephone o	•
			n/en/resources/PDFs/OBH_COVID-
19_Telehealth%20Update_03192020_FINAL_WithMemberDisclaimer.pdf			
UHC	3/18/20- 6/18/20	Yes	Yes
Billing POS: 02; Modifier: GT			
https://www.uhcprovider.com/en/resource-library/news/Novel-Coronavirus-COVID-19/covid19-			
telehealth-services.html			

Notes:

*These regulations apply to IN-NETWORK providers only

*Modifier 95 is similar to GT in use cases, but unlike GT, there are some limits to the codes that it can be appended to. Modifier 95 is a newer modifier code (1/17). Either can be used as modifiers for common therapy codes for most insurances.

Great website to look up related information for almost any insurance:

https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/